



# NAMI

National Alliance on Mental Illness

Genesee County

# 2019 IN REVIEW

## COMMUNITY INVOLVEMENT

**SUPPORT** IN 2019 WE PROVIDED **400 HOURS** OF IN-PERSON PEER-LED FAMILY SUPPORT AND PEER SUPPORT AT **NO COST** TO PARTICIPANTS.

### COMMUNICATIONS:



# 240 CALLS

fielded by volunteers

# 4000+ NEWSLETTERS

were distributed throughout the year

### FACE-TO-FACE:



We interacted with individuals as a community resource at a variety of events held by churches, schools and other organizations.

### IN ADDITION, WE PARTICIPATED AT:

- Soberfest
- Saginaw Spirit Mental Health Night
- Flint Firebirds Talk Today Game
- Walk for Hope
- Open House at our Flint Twp. office
- 6 presentations to local organizations
- Movie Preview and Panel Discussion

## TO NAME A FEW...

### ILLUMINATE SUICIDE AWARENESS EVENT:

Over 300 attendees enjoyed this family event in downtown Flint. Our goal is to encourage families to talk about mental health the same as they might about physical health.

BARB SMITH OF BARB SMITH SUICIDE RESOURCE & RESPONSE NETWORK inspired us with a message of hope and that it's okay not to be okay.

Music was provided by Cars 108 morning DJs Pat & AJ while the Genesee Health Systems Bus allowed event goers to learn more about available services. Other activities included a 1 mile walk around the flat lot, tile painting, a drum circle, 22 push-up challenge and mindfulness station.

### FRIENDS OF ILLUMINATE:

GENESEE HEALTH SYSTEMS, BARB SMITH SUICIDE RESOURCE & RESPONSE NETWORK, CARS 108 MORNING DJS PAT & AJ, SERENITY HOUSE, AND GENESEE COUNTY SHERIFF'S DEPARTMENT partnered with us to bring event to downtown Flint.



### EDUCATION:

Three 12-week sessions of our signature Family-to-Family program were provided at no cost to participants. Two at our Flint Twp office location and one in Frankenmuth. The average attendance was 12.



## SHOUT OUT

Special thanks to Flint & Genesee Chamber of Commerce's Leadership NOW 2019 Cohort for adopting NAMI Genesee County for their project. Their help increased community sponsor engagement and awareness for our Illuminate Event and NAMI Genesee County in general. Their efforts will sustain us for years to come.

## A VERY SPECIAL THANK YOU!

In appreciation to the 45 Members and 50 Volunteers who donated countless hours of their time and talents. You make NAMI Genesee County possible and you improved the lives of individuals living with mental illness and that of their families.



## FINANCIAL SPONSORS THAT MAKE NAMI GENESEE COUNTY PROGRAMS POSSIBLE:

### BUSINESS SPONSORS:

- Ascension Health
- Comprehensive Health Management
- Creative Business Consultants PC
- ELGA Credit Union
- Flint Firebirds Foundation
- Frankenmuth Morning Rotary
- Genesee Health Systems
- Hamilton Community Health Network
- Hurley Medical Center
- Michigan Association of Health Plans
- McLaren Health Plan
- Molina Health Care
- Mott Community College
- New Oakland Family Center
- Presbyterian Village of Michigan
- Sacred Heart Rehabilitation Center
- United Auto Workers Union Local 598

### ORGANIZATIONAL SPONSORS:

- 100+ Women Who Care Mid-Michigan
- Birch Run Area Schools
- Frankenmuth United Methodist Women
- Loose Senior Center
- Knights of Columbus

### INDIVIDUAL DONORS:

- Beverly Ceno
- Sheryl & Steven Colley
- Gina Deshong
- Mary Dillard
- Martha Hyypib-Irwin
- Suzanne Kellom
- Joseph & Diane Perreault
- Sandy Yerion



### INCOME:

Direct public support \$38,200  
 Indirect public support \$2,000  
 Misc. Income \$400  
**TOTAL INCOME: \$40,600**



### EXPENSES:

Rent & Utilities \$13,300  
 Programs and Newsletter \$12,100  
 Training and Conferences \$10,500  
 Supplies \$2,200  
**TOTAL EXPENSES: \$38,100**