

## NAMI Genesee County Annual Report 2022

2023 was a year of accomplishments and challenges. We held twice monthly Family Support meetings at our office location in Flint, once a month in Birch Run and once a month in Saginaw. Our Connections support meetings for people living with a disorder were held monthly at our office in Flint and twice monthly in Saginaw.

We held spring and fall eight week Family-to-Family classes in Flint, graduating participants in each series. We trained new facilitators for Family Support, Connections and additional teachers for the Family-to-Family classes.

Our monthly newsletter changed to e-mail and on-line during Covid with an option to have a printed copy mailed. Since few requests for mailed copies were received, we are continuing to provide the monthly educational newsletters via e-mail, sending to more than 130 participants. This has reduced our costs, reduced paper waste, made the newsletter available on our website and allowed interested individuals and organizations to forward it to their members.

We continued to provide information with our website, e-mail and phone. We also provided information tables at several health fairs and other community activities. Board members were speakers at several events. A member appeared on ABC 12 for the Mental Health Minute.

We provided a panel of NAMI members at two CIT (Crisis Intervention Training) events to train police officers to respond appropriately to crisis calls.

In May 2022, we held our annual meeting and elected board members.

On September 24, we held our Illuminate suicide prevention activity in Flint. Many vendors participated with information as well as our NAMI information table. We had a speaker and many activities. Illuminate is also a fund-raiser. We participated in the Mom to Mom yard sale.

Our affiliate had an unprecedented challenge in November and December when our President and Vice President both resigned, causing us to look for new leadership as well as ways to reduce our operating costs. We have adjusted and look forward to a successful 2023.

### Financial Report, August 31, 2022

#### Assets:

Checking/savings accounts \$21,700.41

Other current assets \$2,745.11

Total Assets \$24,445.52

#### Liabilities & Equity

Temporarily restricted \$9,081.13

Unrestricted \$15,364.39

Total Equity \$24,445.52

Ramona Deese, Acting President